

Metro Dance Center

2014-2015 Competition Schedule

Sweet Dreams

Wed 4:00-4:45 pm	Open Choreography	Christine
Wed 4:45-5:30 pm	Lyrical Choreography	Michaela

Dreams

Tue 3:45-4:45 pm	Ballet Technique	Tina
Tue 4:45-5:30 pm	Open Choreography	Nicki (optional)
Tue 5:30-6:15 pm	Technique	Nicki
Tue 6:15-7:00 pm	Lyrical Choreography	Ellie
Thu 3:45-4:45 pm	Ballet Technique	Tina
Thu 4:45-5:30 pm	Jazz Choreography	Becky
Thu 5:30-6:15 pm	Tap Choreography	Julie
Thu 6:15-6:45 pm	Technique	Becky/Julie
Sat 9:00-11:30 am	Ballet & Jazz Technique	Tina
Sat 11:30-12:30 pm	Pointe*	Tina
Sat 12:30-1:30 pm	Opening Number	Ellie/Michaela

*Dancers will be divided into 30 min pointe/pre-pointe classes after the first week of class.

Flames

Tue 5:30-6:15 pm	Technique	Nicki
Tue 6:30-7:30 pm	Ballet Technique	Tina
Tue 7:45-8:30 pm	Jazz Choreography	Nicki
Tue 8:30-9:15 pm	Tap Choreography	Ellie
Thu 3:45-4:45 pm	Ballet Technique	Tina
Thu 4:45-5:30 pm	Lyrical Choreography	Christine
Thu 5:30-6:15 pm	Open Choreography	Becky (optional)
Thu 6:15-6:45 pm	Technique	Becky/Julie
Sat 9:00-11:30 am	Ballet & Jazz Technique	Tina
Sat 11:30-12:30 pm	Pointe*	Tina
Sat 12:30-1:30 pm	Opening Number	Ellie/Michaela

*Dancers will be divided into 30 min pointe/pre-pointe classes after the first week of class.

Nitros

Tue 5:30-6:30 pm	Ballet Technique	Tina
Tue 7:00-7:45 pm	Technique	Nicki
Tue 7:45-8:30 pm	Jazz Choreography	Ellie
Tue 8:30-9:15 pm	Open Choreography	Nicki (optional)
Thu 6:15-6:45 pm	Technique	Becky/Julie
Thu 6:45-7:45 pm	Ballet Technique	Tina
Thu 7:45-8:30 pm	Tap Choreography	Drew
Thu 8:30-9:15 pm	Lyrical Choreography	Julie
Sat 9:00-11:30 am	Ballet & Jazz Technique	Tina
Sat 11:30-12:30 pm	Pointe*	Tina
Sat 12:30-1:30 pm	Opening Number	Ellie/Michaela

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Shooting Stars

Mon 6:15-6:45 pm	Technique	Michaela
Mon 6:45-7:45 pm	Ballet Technique	Kendall
Mon 7:45-8:30 pm	Lyrical Choreography	Ellie
Mon 8:30-9:15 pm	Open Choreography	Michaela (optional)
Thu 4:45-5:45 pm	Ballet Technique	Tina
Thu 6:15-6:45 pm	Technique	Becky/Julie
Thu 6:45-7:30 pm	Tap Choreography	Julie
Thu 7:30-8:15 pm	Jazz Choreography	Becky
Sat 9:00-11:30 am	Ballet & Jazz Technique	Tina
Sat 11:30-12:30 pm	Pointe*	Tina
Sat 12:30-1:30 pm	Opening Number	Ellie/Michaela

*Dancers will be divided into 30 min pointe/pre-pointe classes after the first week of class.

Little Dippers

Mon 5:00-5:45 pm	Jazz Choreography	Michaela
Mon 5:45-6:45 pm	Ballet Technique	Kendall
Mon 6:45-7:15 pm	Technique	Ellie
Mon 7:30-8:15 pm	Open Choreography	Becky (optional)
Thu 5:45-6:45 pm	Ballet Technique	Tina
Thu 6:45-7:30 pm	Tap Choreography	Christine
Thu 7:30-8:30 pm	Lyrical Choreography & Technique	Julie
Sat 10:30-12:30 pm	Ballet & Jazz Technique	Various
Sat 12:30-1:30 pm	Opening Number	Ellie/Michaela

Starbursts

Mon 5:00-5:45 pm	Ballet Technique	Becky
Mon 5:45-6:30 pm	Jazz Choreography	Ellie
Wed 5:30-6:15 pm	Technique	Michaela
Wed 6:30-7:15 pm	Tap Choreography	Christine
Wed 7:15-8:00 pm	Lyrical Choreography	Becky
Optional Classes:		
Sat 10:30-12:30 pm	Ballet & Jazz Technique	Various

Starz

Mon 6:15-6:45 pm	Technique	Michaela
Mon 6:45-7:30 pm	Tap Choreography	Michaela
Mon 7:45-8:30 pm	Ballet Technique	Kendall
Mon 8:30-9:15 pm	Lyrical Choreography	Ellie
Thu 7:45-8:30 pm	Technique	Ellie
Thu 8:30-9:15 pm	Jazz Choreography	Drew
Optional Classes:		
Thu 6:45-7:45 pm	Ballet Technique	Tina
Sat 9:00-11:30 am	Ballet & Jazz Technique	Various

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Sonics

Tue 4:45-5:30 pm	Ballet Technique	Tina
Tue 5:30-6:15 pm	Jazz Choreography	Ellie
Tue 6:15-7:00 pm	Lyrical Choreography	Nicki
Fri 5:00-5:45 pm	Tap Choreography	Luann
Fri 5:45-6:45 pm	Technique	Heather
Optional Classes:		
Sat 10:30-12:30 pm	Ballet & Jazz Technique	Various

Moonbeams

Wed 4:45-5:30 pm	Ballet Choreography & Technique	Christine
Wed 5:30-6:15 pm	Tap Choreography	Cara
Wed 6:15-7:15 pm	Jazz Choreography & Technique	Becky
Optional Classes:		
Mon 5:00-5:45 pm	Ballet Technique	Becky

Cosmics

Fri 4:30-5:45 pm	Jazz Choreography & Technique	Heather
Fri 5:45-7:00 pm	Tap & Ballet Choreography	Luann
Optional Classes:		
Tue 4:45-5:30 pm	Ballet Technique	Tina
Sat 10:30-12:30 pm	Ballet & Jazz Techcnique	Various

Rising Stars

Wed 5:00-5:30 pm	Tap Choreography	Luann
Wed 5:30-6:30 pm	Jazz & Ballet Choreography	Christine
Optional Classes:		

*Students wanting to take additional class should attend a recreational class.